



J/70, NM, AND ALERION 28 ONE-DESIGN RACING Summer 2020

SAILING INSTRUCTIONS

The Organizing Authority is the Little Traverse Yacht Club (LTYC).

1. Rules

- 1.1. These events will be governed by the rules as defined in the Racing Rules of Sailing 2017-2020 including the US Sailing Prescriptions (RRS), except as altered by these Sailing Instructions (Sis) or the Notice of Race (NOR). More information and copies of the RRS can be obtained at <https://www.ussailing.org/competition/rules-officiating/racing-rules/>
- 1.2. All provisions of the one-design class rules shall apply unless specifically waived by the Organizing Authority or class Fleet Captain, emailed to all class entries, and posted on the official notice board.
- 1.3. Each boat shall carry all safety equipment required by the U.S. Coast Guard and the State of Michigan—specifically including US Coast Guard Approved wearable PFDs for each crewmember.
- 1.4. Each boat shall carry an operating VHF radio capable of receiving and transmitting on Channel 16 and 73.
- 1.5. *Personal Flotation Devices.* When flag Y is displayed with one sound before or with the warning signal, competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. When flag Y is displayed ashore, this rule applies at all times while afloat. Wet suits and dry suits are not personal flotation devices. See RRS 40 (Personal Flotation Devices).
- 1.6. *COVID-19 Regulations.*
 - 1.6.1. All competitors, including all crews, shall only participate in compliance with applicable State of Michigan, Emmet County, and/or City of Harbor Springs laws, rules, and regulations, including any relevant provisions of Executive Orders promulgated by the Governor of Michigan related to the COVID-19 pandemic.
 - 1.6.2. All competitors, including all crews, participate in racing at their own risk. See RRS 4 (Decision to Race).
 - 1.6.3. By participating in any race, all competitors, including all crews, agree to the provisions of the LTYC COVID-19 Waiver attached to this document as Attachment A. It is the responsibility of the skipper to ensure that all crew are aware of and have agreed to the Waiver.

1.6.4. Sailing Instruction 1.6 shall not be the subject of a protest by a boat.

1.7. Appendix VI of the US Sailing Prescriptions (*Penalty at the Time of an Incident*) shall apply:

VI PENALTY AT THE TIME OF AN INCIDENT

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

2. Notices to Competitors

2.1. Notices to competitors will be posted on the official notice board located on the LTYC Club Racing web page (<https://ltyc.org/club-racing/>) and will be emailed to registered competitors using the email address provided upon registration.

3. Changes to Sailing Instructions

3.1. Any change to the Sailing Instructions will be posted and emailed by 10AM on the day it will take effect.

4. Radio Communications

4.1. All boats shall monitor the official LTYC race channel, VHF 73.

4.2. Radio communications may be transmitted as early as one hour prior to the first start of the day.

4.3. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

5. Schedule of Races

5.1. See NOR 3 for the Events and Schedule of Races.

5.2. On each race day the first warning signal for the first class will be scheduled for 12:57pm, except that the first warning signal for the first class on August 23 will be 11:57am.

5.3. For J/70s and NMs: There will typically be three but may be as many as four races per day at the discretion of the Race Committee.

5.4. For Alerion 28s: There will typically be two but may be as many as three races per day at the discretion of the Race Committee.

6. Class Flags

6.1. The class flags shall be as shown below:



J/70 fleet

Alerion 28 fleet

NM fleet

7. Courses & Marks

- 7.1. The Race Committee will announce (via VHF radio) the location of the starting line approximately 30 minutes prior to the first warning signal.
- 7.2. No later than the warning signal for that fleet, the course for each fleet may be displayed on the signal boat. The Race Committee may designate different courses for each fleet. The signal boat may simultaneously display multiple fleets' courses, in which case the course for the Alerion 28 fleet may be posted on the **starboard side** of the signal boat and the courses for the J/70 fleet and NM fleet may be posted on either the **port side** or the **aft side** of the signal boat.
- 7.3. The course may be indicated as a sequence of letters designating permanent LTYC marks (as shown on the LTYC race buoy location chart). The background color indicates direction of "rounding" — red for marks left to port, and green for marks left to starboard. If the course includes a temporary mark, it may be indicated by the letter "X".
- 7.4. The course may be windward/leeward with from two to seven legs. Such course may be designated by a "W" followed by the number of legs. For example, "W4" indicates four legs: windward, leeward, windward, and leeward finishing downwind. Windward/leeward courses may use temporary or permanent LTYC marks as the weather mark, and the starting pin as the leeward mark. A windward/leeward course will be sailed with marks (other than the finish mark on a downwind finish) left to port. The finish line shall be between the RC boat and a mark.
- 7.5. When the course is a windward/leeward, there may be two windward marks of different distances from the starting line, "long" and "short". In this case a "L" or "S" will appear after the number of legs on the course board. For example, "W4L" would indicate 4 legs: long windward, leeward, long windward, finish to leeward at RC. "W4S" would indicate 4 legs, short windward, leeward, short windward, finish to leeward at RC. Short windward and leeward marks will be temporary **orange** marks. Long windward marks will be temporary **yellow** marks.
- 7.6. The Race Committee may notify the fleets of their courses via VHF radio and/or verbal hails **instead of or in addition to** the visual display described in SI 7.2, 7.3, 7.4, 7.5.

8. The Start

- 8.1. Races will be started using RRS Appendix U (Audible-Signal Racing System). Appendix U is attached to this document as Attachment B.
- 8.2. The starting line will be between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 8.3. The fleet starting order for the first race of each day shall be as follows: J/70s, NMs, Alerion 28s. Any fleet not participating in that day's racing shall be removed from the list and the order adjusted accordingly. The Race Committee may adjust the fleet starting order for the second and subsequent races of the day and will announce these races' starting order via VHF radio.
- 8.4. Unless otherwise announced by the Race Committee via VHF, the starts shall be rolling starts. For example, the warning signal for the NM start shall be the starting signal of the J/70 start, and the warning signal of the Alerion 28 start shall be the starting signal of the NM start.
- 8.5. If there is a general recall for any fleet, that fleet's restart shall occur after the remaining fleets have started.

- 8.6. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.7. If any part of a boat's hull, crew or equipment is on the course side of the starting line at the starting signal, the Race Committee may attempt to broadcast her sail number, hull number, name, or other designation via VHF radio and/or verbal hail. Failure to make a broadcast will not be grounds for a request for redress. This changes RRS 62.1(a).

9. Changes to the Course

- 9.1. The Race Committee may change the course by VHF radio notification. This changes RRS 33(a) and (b).

10. Time Limits

- 10.1. If no boat sails the course and finishes within two hours of the start, that race will be abandoned.
- 10.2. Boats failing to finish within 30 minutes after the first boat of her class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

11. Wind Limits

- 11.1. No race shall be started when the wind is in excess of 20 knots sustained or gusts are greater than 25 knots.
- 11.2. No race shall be started when the wind is less than 5 knots sustained.
- 11.3. If the wind limits specified in SI 11.1 and 11.2 prevent racing for more than one hour after the first scheduled warning signal of the day, the RC shall ordinarily abandon racing for the day. The RC may—but typically will not—abandon racing for the day prior to this time if it appears extremely unlikely that racing consistent with SI 11.1 and 11.2 will be possible.
- 11.4. Wind measurements and their interpretation shall be determined by the PRO. Failure to follow SI 11 shall not be grounds for a protest or request for redress. This changes RRS 62.1(a).

12. Protests and Requests for Redress

- 12.1. A boat intending to protest or request redress shall (unless circumstances make it impossible) inform the Race Committee of her intent at the time of her finish.
- 12.2. Protests and requests for redress must be submitted via email (to protests@ltyc.org) within 30 minutes of the docking of the Race Committee boat. The filing time window may be extended by the protest committee for good cause.
- 12.3. Hearings will be convened as soon as possible after the race. Hearings may be conducted in person, via conference call, or via videoconference at the discretion of the protest committee. It is the intention of the protest committee that (absent objection by the parties involved) they will be “open hearings” allowing easy observation by other competitors.
- 12.4. Decisions of the protest committee will be posted as soon as possible.

13. Scoring

- 13.1. Each event will be scored as follows:
 - 13.1.1. The *J/70 Summer Championship*, the *NM July Championship*, the *NM Mid-Summer Championship*, the *NM August Championship*, and the *Alerion 28 Summer Championship*, shall be scored using the Low Point Scoring System in RRS Appendix A, except that Appendix

A2.1 is modified such that a boat's series score shall be the total of her race scores in all races (no throw-outs). Appendix A9 will not apply.

13.1.2. The *NM Saturday Series* and *Alerion 28 Summer Series* shall be scored using the Low Point Scoring System in RRS Appendix A, except that Appendix A2.1 is modified such that a boat's series score shall be the total of her race scores excluding her two (2) worst scores (two throw-outs). Appendix A9 will apply.

13.1.3. The *J/70 Summer Series* shall be scored using the Low Point Scoring System in RRS Appendix A, except that:

13.1.3.1. Appendix A2.1 is modified such that a boat's series score shall be the total of her race scores excluding her five (5) worst scores (five throw-outs), and

13.1.3.2. Appendix A9 applies but is modified such that a boat that did not come to the starting area (DNC) will be scored points for the finishing place one more than the number of boats that came to the starting area.

13.2. One race constitutes a series.

14. Disclaimer of Liability & Skipper's Responsibility

14.1. All competitors participate in this event entirely at their own risk. See RRS Rule 4 (Decision to Race). The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after the event.

15. Contacts

15.1. Events Chair: Polk Wagner, LTYC Rear Commodore (RearCommodore@ltyc.org)
Principal Race Officer: Dan Thompson, LTYC Sailing Director (SailingDirector@ltyc.org)
Club Administration: Daniel DeWindt, LTYC Club Manager (ClubManager@ltyc.org)



J/70, NM, AND ALERION 28 ONE-DESIGN RACING
Summer 2020

SAILING INSTRUCTIONS

ATTACHMENT A

LITTLE TRAVERSE YACHT CLUB COVID-19 WAIVER

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. It is believed that an individual can be infected with COVID-19 without their knowledge and be asymptomatic. The Little Traverse Yacht Club (LTYC) has put in place preventative measures to reduce the spread of COVID-19. However, the LTYC cannot guarantee that I or anyone else will not become infected with COVID-19, and participation in an LTYC event could increase the risk of contracting COVID-19.

By participating in an LTYC event, I ACKNOWLEDGE the contagious nature of COVID-19 and VOLUNTARILY ASSUME THE RISK that I may be exposed to or infected by COVID-19 by participating in an LTYC event, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at an LTYC may result from the actions, omissions, or negligence of myself or others, including, but not limited to, LTYC employees, volunteers, and other participants. I UNDERSTAND AND VOLUNTARILY ACCEPT AND ASSUME ALL the foregoing risks related to COVID-19 and accept sole responsibility for any injury or illness that may occur. Further, I UNDERSTAND AND AGREE that this release includes any Claims based on the actions, or omissions, of the LTYC, its employees, agents, and volunteers, whether a COVID-19 infection occurs before, during, or after participation in any LTYC event.



J/70, NM, AND ALERION 28 ONE-DESIGN RACING Summer 2020

SAILING INSTRUCTIONS

ATTACHMENT B

APPENDIX U

AUDIBLE-SIGNAL RACING SYSTEM

This appendix is a US Sailing prescription.

US Sailing prescribes that when the sailing instructions so state the Audible-Signal Racing System described below shall be used. It is recommended primarily for small-boat racing or when race committee resources are limited. Rules in this appendix replace rule 26 and permit changes to Race Signals and the corresponding rules in Part 3.

- U1** Any Race Signal may be made by hailing, in which case the corresponding visual signal may also be used, but not its designated sound signal.
- U2** A series of short sounds may be made at any time to call attention to a hail or a visual signal.
- U3** The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds
Starting	1 long	0

- U4** Individual recalls shall be signalled by hailing the sail number (or other distinguishing feature) of each recalled boat. Flag X need not be displayed.
- U5** Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes rule 62.1.